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Excel Dental & Implant Center
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Extraction Pre-Operation Instructions

While many people tend to focus on the surgical recovery process, the fact of the matter is that pre-operative instructions are just as important for ensuring that patients heal properly. Patients will reduce the duration and severity of side effects, and also prevent complications from occurring as they recover by following pre-operative instructions.

- ❖ Wear comfortable, loose-fitting clothing to your appointment
- ❖ If you wear something with long sleeves, make sure it fits you loosely enough that the sleeves can be rolled up
- ❖ Clean your mouth and teeth well prior to surgery to help prevent infection
- ❖ Eat a light, easily digestible meal
- ❖ Consume no alcoholic beverages
- ❖ Get a good night's rest the night before surgery

Please contact our office for any further questions. Your comfort and health is our priority!