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Excel Dental & Implant Center
Excel Orthodontics

Fillings

- ❖ If anesthetics were used, be expected to feel numbing in lips, tongue, and/or cheeks for several hours after appointment
- ❖ More common symptoms are hot, cold, & pressure sensitivity after your appointment. Injection sites may also be sore
- ❖ Avoid chewing, and drinking hot beverages until the numbness has completely worn off due to a higher probability of biting or burning the tongue or lips while numb
- ❖ Over the counter Ibuprofen (Motrin) or Tylenol (one tablet every 4 hours as needed for pain) work well to alleviate tenderness.
- ❖ Once the numbness is completely worn off..If you feel that the filled teeth come in contact prior to the rest of the teeth, please contact our office for an adjustment.
- ❖ You may chew with composite (tooth colored) fillings as soon as the anesthetic completely wears off. They are fully set when you leave the office.
- ❖ If silver fillings, then do not eat on that side for the next eight hours due to the nature of a longer duration to complete the strength in silver fillings

Please contact our office for any further questions you may have. We value your comfort and health!