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Excel Dental & Implant Center Excel Orthodontics

Dentures

Immediate or Transitional Dentures

These dentures are delivered as soon as the remaining non-restorable teeth are removed. They serve as a bandage to the sockets and help in controlling the bleeding. Transitional dentures are only for the period of gum and bone healing and your Dentist may recommend permanent dentures.

- ❖ For the next 24 hours do not remove the dentures from your mouth. Apply firm pressure by biting on a gauze pad for 30-45 minutes following the appointment. You may have to repeat this several times. Blood on the gauze is normal. You may apply cold pack externally to control bleeding and swelling. Your immediate dentures will include swelling. Take the prescribed pain medication and antibiotics. Do not rinse your mouth vigorously. Rinse your mouth the following morning.
- ❖ As your sockets heal your dentures will get loose and will need to be adjusted several times. Learning to wear your new dentures (particularly full dentures) is much like learning a new sport. It takes practice and patience. Try not to become discouraged at first. Wear your dentures regularly so your dentist can locate the sore spots when you go in for an adjustment.
- ❖ You may salivate more than usual. This may stop anywhere within the first few minutes to a few days.
- ❖ It is important to practice talking. You should sound normal within a very short time.
- ❖ You will also need to practice eating. Do not plan to eat your first meal in public. Cut your food into small bites, eat easy to chew foods and chew slowly.
- ❖ Some people feel more comfortable wearing adhesives under their dentures (particularly full dentures). You can experiment with over the counter adhesives. It is important to make sure you remove the entire adhesive each day when you clean your dentures.
- ❖ At the end of 3 months your Dentist will reline your denture in house to make them fit tighter
- ❖ Bone completely heals in about 365 days. At the end of a year, your dentist will send your dentures for a lab reline. It is usually done within a day. Be prepared to take a day off.
- ❖ The removable partial or full denture must be removed at least 8 hours each day, preferably at bedtime. This will prevent the development of sores and fungus under the denture.
- ❖ It should also be removed and cleaned after meals
- ❖ When you take them out at bedtime, clean it with a brush and soak it in water, mouthwash or a denture cleaner
- ❖ Do not let the denture dry out, as this can cause it to warp
- ❖ When rinsing and brushing your denture over the sink, it is best to place a wash cloth in the basin with some water to cushion the denture, should you drop it. The acrylic will break if dropped.
- ❖ Even if you wear a full denture, it is still crucial to see your dentist regularly. Your dentures should be checked routinely, along with both the fit and bite. A poorly fitted denture may cause problems with the underlying tissues and bone loss. You will also be checked for oral cancer and other diseases that can show up in the mouth.

Please contact our office for further questions. Your comfort and health is our priority!